

THE EXTRA POINT

BY JERRY ROBERTS



1536 20 Years From Now...

I've heard it said by one guru or another, that we should say a big "never mind" to the worries of tomorrow, and live for today. Would we be happier? I'm Jerry Roberts and we'll look at that next on The Extra Point.

The Book of Matthew, chapter 6, verse 34 in the New Living Translation, reads:

"So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today."

It's so hard for many of us to live that way. We have plans and goals, and we know that time and productivity are critical.

At the Live2Lead conference, we have a sign by the welcome table that screams in big letters: "Be intentional. Make today count."

Besides producing training events. I consult with organizations on their employee development plans. There is a lot of advance planning involved, and a certain degree of progress has to be made, or we'll fall behind.

When you consider that, how can we possibly not worry about what tomorrow will bring?

Thus, I figured out that being very dialed in on the events of each day is embedded in my DNA, and I will be concerned about them.

I also figured out that "concern" doesn't mean worry. Those are two different things.

Then, I saw this on the Internet, posted by our friend, Carl Borja Nelson:

"20 years from now, you'd give anything to be:

*This exact age,
Exactly this healthy,
and back in this exact moment.*

Now take a second and enjoy it."

Carl added a couple of notes to his post. He

said, "We're all richer than we know and appreciate," and "For older people, just cut it down to '10 years from now'".

My wife and I briefly toured Israel a couple of years ago, with a California church group that one of her sisters is a member of. We had a pair of amazing guides, and one of them posted this the day following the military actions with Iran about a week ago:

"The swift return to normalcy within just a few hours of the recent events is truly remarkable. Today, there is a sense of tranquility in the air, with airports, offices, and shops bustling as usual.

It seems like the disruption of yesterday was momentary, and now everything is back to its vibrant state. It feels like an isolated incident that has swiftly passed, bringing reassurance that there are no indications of further disturbances on the horizon.

The prevalent atmosphere here contradicts any exaggerated portrayals in the news. It's as if life never missed a beat."

People in that region of the world live with uncertainty. An attack could come at any time, delivered within seconds. It's a different way of living, so far removed from our experience in Guam.

It's hard to describe the vibe I picked up on the streets of Tel Aviv, Jerusalem, and in other places. Maybe that word "intentional" is a part of it.

Maybe it's also that, due to their circumstances and experience, they don't take life for granted. They know well that it doesn't come with a guarantee.

I know people there have hopes and dreams as we do, and they no doubt make plans for the future.

(Con't.)

That being said, maybe they also worry less about tomorrow, and give greater focus to today. This day, and what it has for us.

Whether it's 20 years from now, or 10, or 5, we may very well look back and long for it.

You want some extra credit? Download transcript #1536 from guamtraining.com, and read it to your kids. Yeah, they might not get it right away, but you'll be planting a seed for their future.

Therefore, smile a little wider, hug a little tighter, sing a little louder, eat a little slower, listen a little closer, shake hands like you mean it...and drink in everything that today has to offer.

That's the Extra Point. Be responsible and make something good happen today. For 93.3FM, the Ray Gibson Show, and First Hawaiian Bank, I'm Jerry Roberts.

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