

THE EXTRA POINT

BY JERRY ROBERTS



1320 13 Life Lessons Learned Along the Way

Once in a while I pick up on the musings of someone who has reached a certain station in life, and they post a list of the things he/she has learned in their years on this planet. Sometimes that's 30 years, or 50, or even more. Today, I've taken a few of those, added several more of my own, and I've got 13 life lessons worth considering. I'm Jerry Roberts, and that's next, on The Extra Point.

1. We yearn for joy and achievement. Yet, we learn from pain and failure. Some of us seem to have to learn a lot more than others.
2. I am completely wrong about something I am sure I am right about. You are completely wrong about something you are sure you are right about. Neither one of us knows what it is, yet we're so sure of ourselves and our opinions.
3. Nothing is more ill-advised or genuinely futile than building your life around what other people think of you. Repeat after me: "What people think of me is none of my business."
4. Accomplishments are fine. Relationships are better.
5. Ninety-nine percent of life is improvised, but learn how to make good plans anyway.
6. It is harder to hate someone face to face. Some people post unimaginably cruel, crude, obnoxious, and totally worthless things on social media — things they would never say face-to-face. If that person was standing next to you, or if your grandmother was behind you with a slipper in her hand, would you phrase things any differently?
7. Too many of us overestimate what we can do in a short period of time, while we totally underestimate or ignore what we can do over a longer period. What's compound interest for anyway?
8. There's something you know that you should stop doing immediately. Even if you can't stop

now or don't think you can, at least admit to yourself what it is.

9. There's something you know that you should start doing immediately. Even if you can't start now or don't think you can, at least admit to yourself what it is.

10. We were not designed to stop playing just because we became adults. Find a way to play and have fun at work.

11. There are three kinds of friends — those for a lifetime, those for a season, and those for a moment. They are all a gift. Don't get lost in regret that they cannot all be for a lifetime. That being said, cherish those who are for a lifetime and do whatever it takes to maintain those relationships.

Did you have a special friend at a previous job or someone who has moved on from the place you work at now? When's the last time you talked with them? Why not do it today?

12. Life isn't fair. There's always somebody who has advantages you wish you had. Maybe they're taller, thinner, better looking, better hair, smarter, richer, more popular, more articulate, more politically connected, funnier on the radio, better at making deals, life of the party, and more. It's okay. Don't be envious, because there's probably somebody looking at you and thinking the same thing.

13. Don't be envious, because nobody's life is perfect, and you probably have no idea what that other person is dealing with.

That's the Extra Point. Be responsible and make something good happen today. For 93.3 and the Ray Gibson Show, I'm Jerry Roberts.

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