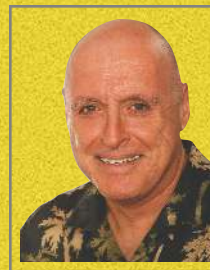


THE EXTRA POINT

BY JERRY ROBERTS



1091 What Will Make You Happy?

Are you happy? What is it that makes you happy? If you're not happy, what would it take to get you there? I'm Jerry Roberts and today, let's explore the question, on The Extra Point.

When I was living in L.A. I would occasionally attend a so-called night school for adults, where they taught subjects like *Develop a Super Memory*, *How to Start your own part-time business*, *Write Your First Book in 7 Days*, etc. The classes were fun, sometimes you met cool people, and it was a cheap way to burn off an evening.

One night I decided to sit in on *The Secrets to a Happy Life*. Who doesn't want a happy life? I didn't have extraordinarily high expectations for the class, but it delivered a lot more than I could ever imagine.

The class leader was an author and counselor, today he might be called a life coach. At one time he had been a hotshot real estate agent, and an up-and-coming mover and shaker on the West side of L.A.

He told his story of being a young man in his mid-thirties, and that he knew exactly what he wanted and what would make him happy — and how he went out and got it.

First, he wanted the perfect house in the hills. It would have an amazing view of the city, no neighbors close by, a big pool, and a circular driveway.

He would have the perfect car, a blue 1967 Jaguar XKE convertible. If you don't know what that is, you can search for it and see why he would want it. I wanted one, too.

Then, he wanted a woman with the looks of a Hollywood actress, and the moves of a model and dancer — steaming hot all the way.

The right house, the right car, and the right

woman — and he knew he'd be happy.

He was doing well with selling houses and had plenty of money, when he caught wind of a listing in the Hollywood Hills. It seemed to be what he was looking for, and he knew there were very few other homes around it. He saw the house, made an offer on the spot and it was accepted.

Within days of moving into the house, he rushed down to the Jaguar dealer and bought the blue XKE convertible.

Shortly thereafter, he was introduced to an exotic and beautiful woman, and he fell madly in love with her. They traveled, he showered her with gifts, and their life together was one big party. That is, until reality struck.

He was having too much fun and spent little time selling real estate, and he eventually was fired. When his money finally ran out, he lost the house and the girl.

As for the Jaguar, he said it was a great car, when it actually ran. In the three years he had it, it was in the shop most of the time. When he sold it because he needed cash, he barely had 2,000 miles on the car.

Somebody in the class asked him if he had been happy during that time, and he laughed, saying it was a fun ride while it lasted, but more like a mirage. When the girl left it broke his heart, and he realized it was the money that kept her there — not him.

In the years following this period of his life, he'd found great satisfaction in helping others find happiness. He also met the love of his life, and they had a son. They lived in a small house, far from the hills, no circular driveway, and he drove a seven year-old Toyota 4Runner.

(Con't.)

He loved his work and that he was helping to change lives, he loved his family, he loved his car, and the home they were making memories in. He loved his life, and he was happy.

He said the first part of the puzzle was his work. Selling real estate had never fulfilled him, but guiding people to making better life choices did. When that happened, he changed and that opened him up to yet other changes, such as his life partner.

Are you settled on and in your work? Does it check off all the boxes you need to have checked off?

Are you happy, or do you need to think about making changes in order to find happiness?

Decide what you want...what you really want, and then follow your dream.

That's the Extra Point. Be responsible and make something good happen today. For 93.3 and the Ray Gibson Show, I'm Jerry Roberts.

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