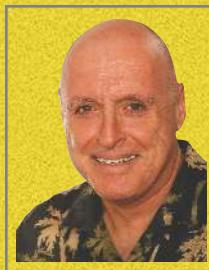


# THE EXTRA POINT

BY JERRY ROBERTS



## # 1084 Did You Expect Great Quotations Today?

Do you have expectations for yourself and others? I'll bet you do. And what about those expectations, should we have them? Is it possible not to? What impact do expectations have in our lives? I'm Jerry Roberts and let's explore this with quotations on the topic of expectations, next on The Extra Point.

Expectations. We've all got them, and often, they rule our lives. Let's see what an even dozen people had to say.

1. "When you stop expecting people to be perfect, you can like them for who they are." — Author Donald Miller.

2. "Expectations are a funny thing. When you're born with them, you resent them, and fight against them. When you've never been given any, you feel the lack of them your whole life."

— Author Fonda Lee

I think most people will recognize the next one.

3. "Expectation is the mother of disappointment." — Anonymous

4. "Expectation is the root of all frustration." — Playwright William Shakespeare

5. "You can't expect everyone to have the same dedication as you." — Cartoonist and producer, Jeff Kinney

Do you have a child in middle school or high school? He/she needs to hear the following quote.

6. "I do know one thing about me: I don't measure myself by others' expectations or let others define my worth." — U.S. Supreme Court Justice, Sonia Sotomayor

7. "You can't base your life on other people's expectations."

— Singer/musician Stevie Wonder

Parents need to understand there is a real danger in burdening youngsters with expectations...the expectations of the parents. Help them build goals and dreams, but it has to be *their* goals and dreams.

8. "If you expect great things of yourself and demand little of others, you'll keep resentment far away."

— Philosopher Confucius

9. "Positive expectations are the mark of the superior personality."

— Motivational speaker Brian Tracy

10. "Keep high aspirations, moderate expectations, and small needs."

— Biochemist William Howard Stein

11. "Expect the best, plan for the worst, and prepare to be surprised."

— Motivational speaker Denis Waitley

12. "Treat a man as he is and he will remain as he is. Treat a man as he can and should be and he will become as he can and should be."

— Author and leadership expert, Stephen Covey

You want somebody to change. Deal with them as if they already have.

That's the Extra Point. Be responsible and make something good happen today. For 93.3 and the Ray Gibson Show, I'm Jerry Roberts.

###

For information on training and consulting services with Jerry Roberts, please click this link: [guamtraining.com](http://guamtraining.com)

**THE POINT**  
93.3 FM / 1350 AM / 104.3 FM HD-3

GUAM  TRAINING