

# THE EXTRA POINT

BY JERRY ROBERTS



## # 711 Nine Thoughts to Take With You Into the Weekend

Nine thoughts to take into the weekend with us. I'm Jerry Roberts and today, the words of people who have traveled their own roads to get to where they had to go. We can learn from them, and that's up next, on The Extra Point.

Every once in a while I look at the statements, ideas, random thoughts, and expressions of people who are or were just like you and me, with similar challenges, and they had decisions to make to improve their lives. What can we learn?

1. Every accomplishment starts with the decision to try. I know that sounds silly in its simplicity, but think about it in real terms. Nothing ever got done, without somebody making the decision to take the first step. Nothing.

What does that mean for you? It places you in exactly the same position as anyone in history who ever achieved anything great, just before they took the initial step toward greatness. Let that thought sink in.

2. Investing in your personal growth is investing in that which will enrich your life, and likely change your life. Every dollar you invest in yourself comes back to you many times over.

3. You can't control how people treat you, but you can always choose how you respond. The brilliant Stephen Covey once told me, "This choice gives us incredible power."

4. If you're not deliberate on how you choose to spend your life, other people will be most happy to spend it for you. My mom told me that when I was in elementary school. It scared me then, and it scares now. Be deliberate. Be intentional.

5. Every moment you spend comparing your life to someone else's, is a moment you spend

wasting yours. I mentioned elementary school. This statement should be on the wall of every elementary classroom.

6. You're ready to pursue your dream. Stop waiting for a perfect day to do what you know you need to do.

7. You get to write your own story. You get to choose how you want things to work out. If you really want the achievements you say you do, put everything in writing. The act of putting your desires and goals on paper is a big step toward seeing them happen.

8. Push yourself. You have more strength, more resilience, and more courage than you give yourself credit for. You are enough. Don't forget that.

9. The little things in life are more important than the so-called big things. Don't take little things for granted. When you have success, don't forget the path you took and the bumps you endured, that made you who you are. One more thing, don't forget who helped you get there, who sacrificed so you could get further and do better.

You can download this, Extra Point #711, and take these nine thoughts into the weekend with you, or share them with someone you know who needs them.

That's The Extra Point. Be responsible and make something good happen today. For 93.3 and the Ray Gibson Show, I'm Jerry Roberts.

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