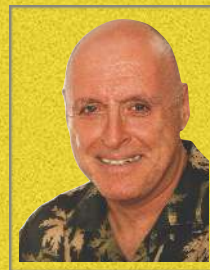


THE EXTRA POINT

BY JERRY ROBERTS



619 What Should You “Recover” From?

Yesterday, I saw a Facebook ad for a church in Tamuning that wanted to help people recover from just about everything. I’m Jerry Roberts and though recovery is serious business, we’ll have a little workplace fun with the concept, today on The Extra Point.

The ad on Facebook promoted a program called Celebrate Recovery, presented by the Tamuning Christian Fellowship Church. It stated that freedom, healing, and recovery is possible from many conditions that impact our society.

When I say many, I mean many. In the ad it listed 31 separate issues.

In alphabetical order it was: Abuse, verbal sexual, or physical, Alcohol, Anger, Anxiety, codependency, depression, disappointments, divorce, drugs, eating disorders, enabling, faith doubts, family problems, fear, gambling, grief and loss, guilt, insecurity, job loss, lying, need to control, overspending, overworking, perfectionism, pornography, relational pain, sexual addiction, self destruction, shame, stress, and unforgiveness. Whew!

The bottom line, whatever you’ve got, they say this group will help you recover from it.

I thought about my journey. Anger, Anxiety, disappointments, eating disorders, enabling, faith doubts, family problems, fear, grief and loss, guilt, insecurity, job loss, need to control, overworking, perfectionism, and stress. That’s 16 of the 31. Have I really gone through all that? How many do I have now? Am I recovered? Do I need this program?

And then I thought, is this all? If someone were to ask all of my bosses throughout my career what they thought I needed to recover from, what would they have said?

What would Big Ed, my first real boss, have

said? “Jerry needs to recover from trying to make each car look perfect. We have over 200 cars on the lot and they have to be cleaned once a week. A team of three has 10 minutes to wash AND wax each car. Six cars an hour for seven hours, about 40 cars a night, five nights a week, 200 cars. Do the math, Jerry, do the math.”

You think I’m kidding on the 10 minutes? We hosed the car down, all three us hit it with soapy brushes at the end of long poles, hosed it down again, two guys dried it, one followed them with nearly instant-drying liquid wax, then the other two took towels to buff it. 10 minutes from start to finish. We just did the exteriors.

The next job was as a courier, delivering inter-company documents between offices all over Southern California. The boss there would want me to recover from speeding in the company vehicle. He’d complain that if I would back off talking to all the girls at each stop, I wouldn’t have to speed to stay on time. Guilty.

What would Jon Anderson have had me recover from? Maybe nothing, but KUAM’s overnight DJ, Chris Calkins, would have said I needed to recover from a lousy sense of timing. I would get to my 6:00 show at 6:05, 6:07, sometimes later, usually twice a week. Not a good example.

So, that leads us to the interactive portion of this Extra Point. If you’re watching the Facebook Live, enter into the chat what your boss would love to have you recover from. If you are the boss, let’s see how insightful and courageous you are...put in the chat what you think your team would like to see you recover from.

(Con’t.)



If you're not on Facebook and you can use your phone, call 888-8825 and tell the Real Joe Cruz what your boss or coworkers wish you would recover from.

Obviously, if you're in your car, don't do this unless you're totally handsfree. That number again, 888-8825.

Give Joe your name and what you need to recover from, and he'll read it back on the air.

I'll stick around on the other side of Mana's headlines, to see what y'all admit to.

That's The Extra Point. Be responsible and make something good happen today. For 93.3 and the Ray Gibson Show, I'm Jerry Roberts.

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