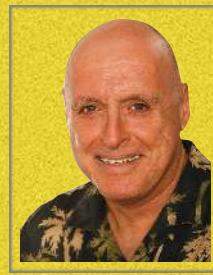


# THE EXTRA POINT

BY JERRY ROBERTS



## # 536 Leadership in Times of Change

We've talked about emotional intelligence in past episodes. It's never been as important as it is now. I'm Jerry Roberts and today, every one of us has a leadership role to play and how we handle our emotions will determine our effectiveness. That's next on The Extra Point.

After yesterday's Extra Point, I watched the first day of John Maxwell's online event, Leading Through Crisis. As expected, John delivered the words we all needed to hear. You can see it on his Facebook page, at: [facebook.com/johnmaxwell](https://facebook.com/johnmaxwell).

If you're checking in on coworkers, which I recommend, keep in mind that each individual has taken a different road to this point. Some have seen other dark times, such as the 1962 Cuban Missile Crisis when the world teetered on the brink of nuclear war. There were political assassinations, the disastrous Vietnam War that ripped our country, financial meltdowns, other virus scares and, of course, the 911 terrorist attacks. This would be in addition to personal issues you may not be aware of.

Everybody handles stress differently. Some may be on edge and in a bad place. The uncertainty of this virus has a lot of people upset.

Therefore, being understanding is important. Further, that understanding should extend to our own feelings and how we deal with issues and people. The better we know ourselves and our own emotions and tendencies, the better we can serve others. Our emotions will control our actions, and it's our actions, along with our words, that people will remember.

Maxwell said yesterday, "Life is messy, and it's uphill." Good times don't last forever. About the time we're feeling good about things, up pops something to knock us down. Rarely though, is it a shared event like this virus, where we go through the ups and downs together.

It's hard to project that far ahead right now, but one day this shared experience will make us much stronger, relationships stronger, and our resolve to retrench and rebuild will be stronger. Life won't be exactly the way it was. For one thing we'll learn from this and the buildup to battle this version of a Coronavirus will make us far better prepared to deal with the next one.

Maxwell made the point that he wants to live long enough to see more crises, and while we don't consciously think in those terms, I suppose each of us would agree.

In the aftermath of this critical time in world history, we can anticipate changes and likely a lot of surprises.

We may rethink education. A lot of kids attend school online in the mainland, either through facilities from the local school system or private companies. Guam is behind the curve on that but the technology exists.

We may also look at remote working differently, and allow more people to stay home more often, so long as they can prove productive. Some of that already takes place here, but it's not as widespread as a number of workers would prefer.

There are tough days ahead and work to be done before we make it past this threat, but we can have optimism for the future. As they say, "This too shall pass."

That's The Extra Point. Get out there and make something good happen today. For 93.3 and the Ray Gibson Show, I'm Jerry Roberts.

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