

THE EXTRA POINT

BY JERRY ROBERTS



393 The Pursuit of Life's Purpose – Part 1

What is the whole thing about finding one's purpose in life? Is it really that big of a deal? A lot of people think so, but maybe we should take a closer look. I'm Jerry Roberts and today, should our purpose be to find out what our purpose should be? That's coming next on The Extra Point.

In trying to figure this out I made an Internet search, "How to find my purpose in life." The first returned the following:

- 7 Strange Questions That Help You Find Your Life Purpose
- How to Find Your Purpose in Life (with Pictures)
- 3 Unexpected Ways to Find Your Life Purpose
- Five Steps to Finding Your Life Purpose
- Life Purpose: 10 Tips to Learn How to Find Your Passion
- 7 Ways to Find More Meaning and Purpose in Your Life
- What Is God's Purpose For Your Life (and how to find it)
- What Is Your Purpose in Life? — Quiz
- Find Purpose In Life | Join The 21-Day Challenge
- How to Discover Your Life Purpose in About 20 Minutes

I'm no dummy, why should I waste 21 days if I can nail down this purpose thing in 20 minutes? Here are the instructions of the author:

1. Take out a blank sheet of paper or open up a document on your computer. At the top, enter, "My purpose in life."
2. Now write down any answer that comes into your head. Empty out every possible purpose that enters your mind. Some answers will seem like a good fit and may be a part of your purpose, but it won't be until you complete step three.
3. Keep writing until you come upon an

answer that makes you cry. That's when you know you've found your purpose for life.

I'm not kidding, this is what the guy had, and he is listed as one of the world's most popular self-help and personal development gurus.

Another popular source said, and I quote: "You can't think your way into finding your life purpose; you have to *do* your way into it. Take a mental note from Nike and "Just Do It." The more we act, the more we get clear on things. So instead of overthinking it — Will this work out? Should I try that? What if I don't like it? What if I don't make money at it? Start taking steps toward your goals and start trying new things.

Apparently, doing that will help us bump into our purpose at some point. Okay, we're having some fun with all this. A lot of people roll their eyes and giggle when the topic of finding our reason to exist pops up.

We need to keep one thing in mind. There are millions of people around the world who chase this exact issue. They spend billions of dollars every year trying to discover who they are and what they're supposed to be doing in this life. They have made a small army of personal development gurus very wealthy along the way.

Thus, tomorrow we'll offer what we feel is a realistic approach to the concept of finding out our purpose. Then once we do, what we should do about it.

That's The Extra Point. Get out there and make something good happen today. For 93.3 and the Ray Gibson Show, I'm Jerry Roberts.

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