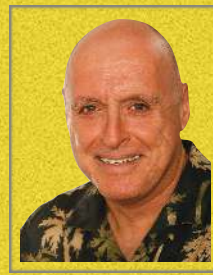


THE EXTRA POINT

BY JERRY ROBERTS



182 Words of Gratitude

We've done it so many times before...the usual storm preparation. Then, you just wait. We watched movies and I fell asleep in front of the computer. When I woke up I realized my family had gone to bed, and I had nothing for my 7:20 date here on The Extra Point. What would I do?

I saw that the typhoon was passing, and while sad and concerned for our friends in the CNMI who were feeling the full wrath of the storm, I was still grateful for our good fortune. I drifted into gratitude and began to find words that others have written, and hoped that might fit in with your thoughts this morning.

"Reflect upon your present blessings, of which every man has plenty; not on your past misfortunes, of which all men have some."
Charles Dickens

"Be grateful for what you have and stop complaining — it bores everybody else, does you no good, and doesn't solve any problems."
Zig Ziglar

"Forget yesterday...it has already forgotten you. Don't sweat tomorrow...you haven't even met. Instead, open your eyes and your heart to a truly precious gift...today."
Steve Maraboli

"'Enough' is a feast."
Buddhist proverb

"I'm too grateful to be hateful. I am too blessed to be stressed."
El DeBarge

"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."
Albert Einstein

"It is not happy people who are thankful, it is thankful people who are happy."
Unknown

"My world is brighter and more beautiful because of you. Thank you."
Unknown

"Never in the field of human conflict was so much owed by so many to so few."
Winston Churchill, in a World War II speech, with praise and gratitude for England's Royal Air Force, who were fighting the Nazis in the Battle of Britain.

"Enjoy the little things, for one day you may look back and realize they were the big things."
Robert Brault

"In everything, give thanks."
1 Thessalonians 5:18

And the last few tell us that gratitude has an element of action. That is, we're called to do more than just be grateful.

"Things turn out best for people who make the best of the way things turn out."
John Wooden

"We should certainly count our blessings, but we should also make our blessings count."
Neal A. Maxwell

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them."
John F. Kennedy

I'm grateful...grateful that you're here today.

That's The Extra Point. Get out there and make something good happen today. For 93.3 and the Ray Gibson Show, I'm Jerry Roberts.

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